## State of South Caroling Sovernor's Proclamation

WHEREAS, participation in gymnastics provides a strong foundation for

fitness and helps young people develop skills that enhance

performance in other sports; and

WHEREAS, gymnastics is a fun way to build strength, flexibility,

coordination, self-esteem, and goal-setting abilities; and

WHEREAS, National Gymnastics Day provides a unique opportunity for

gymnastics clubs across the nation to increase awareness of the fitness benefits of the sport while raising funds for

the Children's Miracle Network.

NOW, THEREFORE, I, Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim August 5, 2006, as

## GYMNASTICS DAY

throughout the state and encourage all South Carolinians to recognize the positive benefits of participation in gymnastics on the healthy development of the young people of the Palmetto State.



The Em

MARK SANFORD
GOVERNOR
STATE OF SOUTH CAROLINA